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# Northcote Primary School Newsletter

Issue 5 · 31 Mar 2023

*Collaborative Learning in a Community that Cares*

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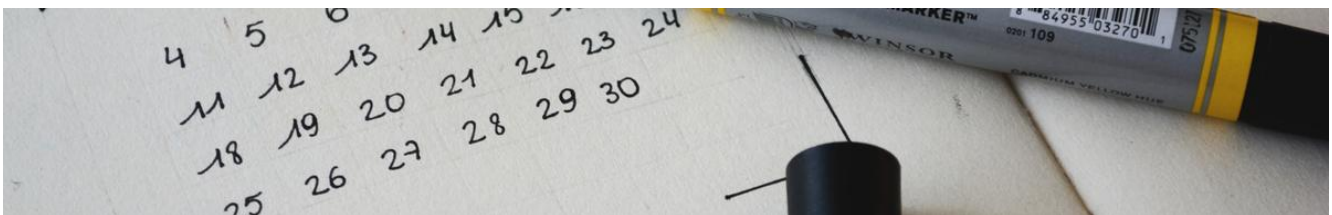
School Access



OSH Club Information



Compass Pay for all school payments.



# Dates to Remember

## Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

## 2023 Term 1:

- Mondays Assembly 9.10am
- Monday 3.30pm - Kelly Sports
- Wednesday Lunchtimes - Hip Hop Heroes Dance classes
- Tuesdays 14th March through to 30th May 9.30-10.30am - School Tours begin.
- Thursday 6th April - End of Term 2.30pm Finish
- Friday 7th April - Good Friday Public Holiday



Wednesday 7th June	6pm - Environment Sub Committee meeting 7pm - Education Sub Committee meeting
Wednesday 14th June	6pm - Finance Sub Committee meeting 7pm - Community Sub Committee meeting
Wednesday 21st June	7pm - School Council Meeting
Wednesday 12th July	6pm - Environment Sub Committee meeting 7pm - Education Sub Committee meeting
Wednesday 19th July	6pm - Finance Sub Committee meeting 7pm - Community Sub Committee meeting
Wednesday 26th July	7pm - School Council meeting
Wednesday 16th August	6pm - Environment Sub Committee meeting 6pm - Environment Sub Committee meeting
Wednesday 23rd August	6pm - Finance Sub Committee meeting 7pm - Community Sub Committee meeting
Wednesday 30th August	7pm - School Council meeting
Wednesday 4th October	6pm - Environment Sub Committee meeting 7pm - Education Sub Committee meeting
Wednesday 11th October	6pm - Finance Sub Committee meeting 7pm - Community Sub Committee meeting
Wednesday 18th October	7pm - School Council meeting
Wednesday 22nd November	6pm - Environment Sub Committee meeting 7pm - Education Sub Committee meeting
Wednesday 29th November	7pm - Community Sub Committee meeting



Monday 4th December

6pm - Finance Sub Committee meeting

Wednesday 6th December

7pm - School Council meeting

\*\*School Council and Sub Committee dates to be confirmed.



# Pupil of the week Term 1

2023

## Week 9

Prep Natalie

Mila L

Prep Isabelle

Levi W

Prep Meg

Eugene A

Grade 1/2 Sharif

Leo P

Grade 1/2 Brigitte

Maddie B

Grade 1/2 Sam

Lily N

Grade 1/2 Stephanie

Rose G

Grade 3/4 Matt

Xavier N

Grade 3/4 Lisa & Sarah

Louis R

Grade 3/4 Jamal

Lexi A

Grade 3/4 Eleanor	Leni G
Grade 5/6 Steven	Uma N
Grade 5/6 Izzy	Jakob V
Grade 5/6 Nickolas	Malcom S
Grade 5/6 Luke	Jiaqi Y

**Week 10****\* to be celebrated at Monday 3rd April Assembly**

Prep Natalie	Leo K
Prep Isabelle	ALL of Prep B
Prep Meg	Theo D
Grade 1/2 Sharif	Franki G
Grade 1/2 Brigitte	Axel A
Grade 1/2 Sam	Declan G
Grade 1/2 Stephanie	Alex P
Grade 3/4 Matt	Emily C
Grade 3/4 Lisa & Sarah	Sofia A
Grade 3/4 Jamal	Aidan S
Grade 3/4 Eleanor	Elke M
Grade 5/6 Steven	Elsie T
Grade 5/6 Izzy	Tom R
Grade 5/6 Nickolas	Mia V
Grade 5/6 Luke	Matthew D



# Greetings from Shaun

## **End of Term**

I can hardly believe that we are at this point of Term 1 already, but then when I started to reflect on all the things we achieved together this year, gosh did we get some momentum working together!

We celebrated the Welcome Picnic, reestablished the Music tutor program with new tutors and Kelly Sports with a new lunchtime dance club, Hip Hop Heroes! We had Meet the Teacher, School Council Elections and the Annual Report to Community Meeting. Not to mention the very important Junior School Council and Green Team Elections. We also had school photos and started school tours. We had NAPLAN earlier than ever, in term 1! Then we rounded the term out with a Fete, Ride2School day and a whole school Athletics Day Carnival. Wowee that's a lot!

As the last week of the term starts to wind up, I'd like to take this opportunity to thank everyone for such a tremendous start to the 2023 school year. It really does show that when we work together, we really can achieve so much.

## **Fete Success**

I would like to pass on another huge thank you to our amazing Fete coordinator Sam Richardson, the Fete Committee Team and the army of people who volunteered to help out. It takes a lot of hard work and dedication in the lead up and on the day to organise and execute such a successful event. It was truly a memorable day for our students and the wider school community. It takes a lot of work to pull together an event of this size, and I appreciate everyone's commitment to making it a success.

As a side note, I would also like to report that the slime washed out of my hair very easily. Thanks May!

## **Ride2School**

Last Friday was Ride2 School Day. It was wonderful to see so many students and parents riding, scooting or walking to school and supporting this national event. I have never seen the bike shed as full as it was on Friday! Raffle tickets were given out to all students who cycled, scooted or walked to school as they entered the school gates.

On Monday at assembly, the excitement was tangible when the winners of the Bicycle packs for each year level were drawn out. These prizes were provided by Darebin Council.

Thank you to all students for getting involved.



### **Athletics Day**

I must admit that when it was still raining late on Monday evening, I was worried. As it turned out, I didn't need to worry, because the weather was splendid. Athletics day 2023 turned out to be another beautiful celebration of all things Northcote Primary School.

A big thank-you to Dale and his rainbow tutu, who puts in a huge effort coordinating and planning the event to run smoothly each year.

Thank you to all the staff and parents who worked tirelessly to do all the little things on the day to ensure Athletics day was a huge success.

Most importantly, thank you to the students. I am always encouraged by their tremendous display of sportsmanship and comradery.

If you are going away be safe on the roads, if you're staying home enjoy some down time and I will see you all on Wednesday the 26th of April for the start of Term 2.

PS. Just in case you missed it, we have a Curriculum Day on Monday the 24th of April and the ANZAC day public holiday is on Tuesday the 25th of April. Don't forget!



## Introducing our NPS Music Tutors



## Oscar France

Meet our new piano teacher.

Oscar has returned to where it all began for him. He's still based in Northcote and is excited to be teaching at his old primary school. He studied music at Melbourne Polytechnic in Fairfield and has a Bachelor's Degree in Music Performance.

In the Northcote jazz scene Oscar is well known and plays around Melbourne with various bands. Around the corner from NPS at 6 o'clock on Monday nights at Bar 303 he's usually doing ambient soundscapes and if you hang around, you'll catch him in Northcote's legendary band – Bohjass, or his own band Toqui, or one of the many other local groups who are part of 30h's Monday night's "Jass Hub". He's just recorded an album of his original tunes with Toqui – stay tuned for launch details - and is a regular at the Ragtime Tavern, a piano bar in Preston.

Oscar is excited to be teaching and inspiring some new young players just as he was when he was at the school.





## Jordan Gilmour

---

Having been a musician for over 15 years Jordan has developed into a very well-respected and all-rounder musician amongst different musical communities in Australia and the U.K. He has a history in Jazz, Blues, Funk, Latin, Rock, Pop and Classical and have played all styles in different bands.

As a teacher Jordan has taught at various institutions, teaching different levels from extreme beginner to highly advanced. Student age groups have been from as young as 7 to adults as old as 32.



## Corey Romeo *Guitar*

Corey is a highly experienced teacher and professional musician, proficient in rock, jazz, latin, and various traditional folk styles. He has been teaching individual students of all ages for thirty years, and primary school groups/individuals for the last eight years. His lessons are tailored to each student based on level, musical preference, and character, and he encourages a solid foundation in technique and theory, together with creativity and fun.



Corey currently performs regularly with several bands, playing traditional Italian, Irish, Balkan and original music. He has toured around Australia and overseas and has extensive experience in the recording studio. A passion for education, exploring the depths of music, and a love of the musical community, bring an inspired energy to his lessons.



# Athletics Day

The weather was kind to us on Tuesday, how lucky we were to squeeze our athletics day in between all the Melbourne rain. There was a sea of red, yellow, blue and green as students rocked up in their House colours, with much enthusiasm, singing, chanting and barracking in support of their Houses.

I saw a lot of ribbons being handed out (625 if anyone was counting).

We worked hard during the term to get ready for athletics day and all the training paid off with everyone doing really well and contributing some valuable points towards their house totals.

Speaking of points, the results for the 2023 House Athletics will be announced at assembly next Monday.

I would like to give a huge thank you to everyone who helped set up and helped the events all run, the day would simply not be possible without your help. And a huge thank you to everyone from the Northcote community who came out to support and cheer on our athletes the atmosphere at the track was amazing. And finally, one last thank you to our House Captains and

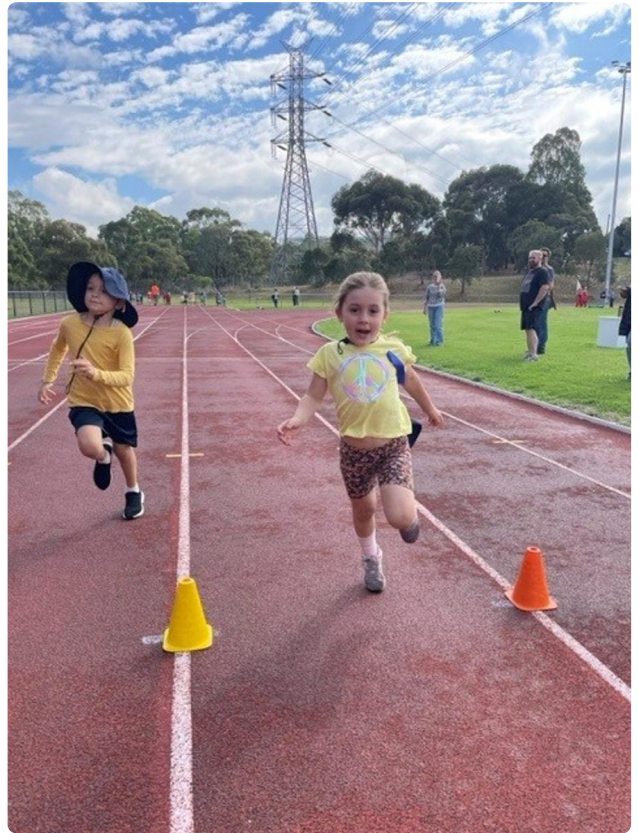
Vice Captains for encouraging and supporting the younger years.

If you have any feedback from the day feel free to email me. ([dale.mclean@education.vic.gov.au](mailto:dale.mclean@education.vic.gov.au))

Thanks Dale





















# Fete Success!

What a grand and truly memorable occasion it was!!!

A brief note regarding our NPS wine glasses: to those people that purchased glasses, unfortunately they are not made of dishwasher safe plastic materials.

If you have found yourself with a sculptural piece of plastic after a dishwasher cycle then you can return it and we will be happy to replace it with a new one.

Here are a few highlights from the day.....













digging for treasure









The slinging!









# School Council

Now that the election is complete and the office bearer positions have been filled, we would like to introduce our parents who are on School Council for 2023.

## **Steve Horvat- President**

Steve Horvat is returning as the School Council President for the 2023 school year.

Steve is the parent of Ollie in 3/4 Eleanor and Maddy in 3/4 Matt.

**Joanne Pitt- Vice President**

I am new to NPS, with my daughter Chloe Ravis starting in Prep B this year. I decided to volunteer on the school council to learn more about how the school works and to get involved with helping where possible. I enjoy being part of the Northcote community where I live.

I chose to be part of the Environment sub-committee as I enjoy being outdoors, and I think there is great value in our children having significant outdoor areas to use in their learning and free time. If anyone has any thoughts or suggestions on improving the school grounds, please feel free to share your thoughts with me. I will take these to the following environment subcommittee meetings, or you can join us on the environment subcommittee if you have the time!



### **Stephen Moore- Treasurer**

Stephen Moore is another returning member for School Council 2023, this time around he has taken on the role of Treasurer and will head up the Finance Sub-committee.

Steve is the parent of Sienna in 1/2 Brigitte.

### **Tom Payen-Payne**

This is my first year on school council and to be totally honest, it is not something I have considered being a part of previously. However, through the last two and a half years I have become more invested in the school collective and everyone that is working so hard to make NPS a wonderful place for our kids to be.

I have chosen to be on the community sub-committee as it was that sense of togetherness that first drew myself and Kat (Leo's mum) to Northcote Primary. It is important to me that NPS' culture retains and improves on (wherever possible) that sense of community, both inside and outside the school, and remains accepting, bright and fun.

I am really looking forward to collaborating with our amazing Northcote community to help engage and create great events, build relationships and hopefully as a by-product bring a little extra funding in to the school.



That is me and Leo btw, he's in 1/2A with Sharif 😊



### Lucy Sinclair

This is my first year on the School Council and I've joined the community sub-committee. If you're interested in getting involved in whole school events and fundraisers - please get in touch [lucycsinclair@hotmail.com](mailto:lucycsinclair@hotmail.com)

I'm keen to strengthen the NPS community even more, especially after the School Fete! I loved seeing the children's faces running around and seeing how proud they were of their school.

I've got girl/boy twins in grade 1 - Everly in Sam's class and Harvey in Brigitte's class.

I look forward to meeting many more families throughout the year.



### **Christian Scallan**

My name is Christian Scallan and I am father to Juliette in year 3. This is my first time on School Council. I am really looking forward to getting more involved with the school. What the last few years has taught me is that there is no time like the present. I have joined the Education sub-committee and really want to help support our whole school community. I encourage everyone else to get involved. Happy to discuss any of your comments or concerns to bring them to our school council. My best contact is [christianscallan@gmail.com](mailto:christianscallan@gmail.com)



### **Tarren Summers**

Dadda to Clancypantsaroo in year 3/4. This will be my second year on the council and this year the convener of the Environments Sub Committee. The group assists the school with maintenance of the grounds, facilities (picnic tables, vege patch, sand pit). In short we manage a prioritised jobs list of works and projects aimed at maintaining a safe, enjoyable and pleasant environment for children and families. The group organises working bees to achieve a large part of our functions and specific targeted projects as they arise. Lots to do in this group and you don't have to be a council member to join us at the subcommittee so drop me a line to join. I like long strolls on the beach.



### **Ellis Richardson**

Ellis Richardson is co-parent (along with “Fete Boss” Samantha) to Year 1 student Xander. This is my 2nd year at Northcote Primary and 1st year on the School Council. I will be working on the Finance sub-committee and helping Lucy and the Community sub-committee.

Originally from Sydney (Yes, I’m a Swans’ fan!), I moved to Northcote in 2014, instantly falling in love with the vibe. As Xander’s school days approached, there was never any doubt that Northcote Primary would be the place for him to be.

I look forward to assisting the school over the next few years, and I hope to bring my leadership and business skills to assist NPS remain a bright-light throughout the community.



# Student Wellbeing

Triple P Fear Less Group Program



# Triple P Fear Less Group Program

A free online six-session parenting program  
for parents of children experiencing anxiety.

Open to parents living in the Cities of Darebin, Yarra, Banyule, Nillumbik and  
Whittlesea.

Fear-Less Triple P supports parents to learn new strategies for managing their child's anxiety. This program is for parents that are concerned about their child's anxiety that would like to learn strategies they can put in place to support the wellbeing of their child and the family.

Content is suited to parents or caregivers of children aged from 6 to 14 years.

## The topics covered in this program include:

- Understanding how anxiety works,
- Becoming the best possible model of anxiety management for their children,
- Becoming effective emotion coaches,
- Understanding and teaching the value of flexible thinking,
- Managing their children's anxiety effectively, and
- Using constructive coping.

This program will be run in a group setting online with other parents. It will include 6 x 1.5 hour weekly sessions

## All families involved will receive:

- Triple P Fear Less Parent Workbook
- Parent Pack – including resources for both children and parents to help implement strategies from program
- A \$50 Booktopia voucher to purchase any additional resources

## How to make an enquiry:

Contact Georgia from the Triple P team by emailing [triplep@berrystreet.org.au](mailto:triplep@berrystreet.org.au) with your name and contact number or call our office on 03 9450 4700 (ask to be put in contact with Georgia) to book a time to complete enrolment. Enrolment enquiries must be sent before 12:00pm on 1/May/23, however group capacity may be reached before this date.

## Dates\*:

Session 1: 9/ May/23  
Session 2: 16/May/23  
Session 3: 23/May/23  
Session 4: 30/May/23  
Session 5: 6/June/23  
Session 6: 13/June/23

**Location:** Online via Zoom

**Time:** 10:00-11:30 am

\* Please note attendance to all sessions is required.

**BERRY  
STREET**

Believing In  
Children,  
Young People,  
Families &  
Their Future.





# Esafety for parents



## Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. The right amount of screen time can depend on a range of factors like your child's maturity, the kind of content they are consuming, their learning needs and your routine. It can be easy to focus only on the clock and how long your child is spent in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



### 1. Be involved

Sharing screen time and online activities with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.



### 2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new boundaries with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Colourful pictures or charts showing screen time limits and other important activities is a helpful way to get younger children on board.



### 3. Be clear about the consequences of switching off

Part of our role as parents is to set clear rules and boundaries. The same applies to screen time limitations so, being clear and consistent with consequences for your child if they do not follow these rules is paramount. The [Raising Children Network](#) provides some useful tools and resources.

# NPS Future students

## Tour Dates for 2023



NPS Future Student Tours are about to begin!

*Prospective families and children can come and see NPS on a 'business as usual' day, meet the Principal and other staff. School tour times are 9.30 - 10.30am and prospective families are requested to confirm attendance by calling the our school office and registering their name and contact details.*

Tour dates are as follows:

Tuesday 2nd May	9.30 - 10.30am
Tuesday 16th May	9.30 - 10.30am
Tuesday 30th May	9.30 - 10.30am

Enrolment packs are available from our office.





# 2023 Parent Payment Arrangement - PPA

Dear Parent/ Carers,

On Monday 6th March the 2023 Parent Payment arrangement will be live via Compass for all families.

Attached is a copy of the Parent Payment Arrangement has been approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

The cost for 2023 Parent Payment Arrangement is \$250.00

In the newsletter section compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

Caterina Carnovale  
Business Manager

 Parent Payment Arrangement 2023 PPA.pdf



# Fitzroy High Open Day



**FITZROY  
HIGH SCHOOL**

**OPEN DAY | April 3**



**Experience  
our innovative  
and dynamic  
learning  
environment**

Experience our innovative and dynamic learning environment in action at our year 7-10 **Fitzroy High School** campus and then walk with us through Edinburgh Gardens to the **Wurun Senior campus** for a tour and Q & A.

**9.15 - 10.45am**

**TOUR 1**

**Fitzroy High School  
7-10 and the Wurun  
Senior Campus**

**12 - 1.30pm**

**TOUR 2**

**Fitzroy High School  
7-10 and the Wurun  
Senior Campus**

**6.30 - 7.30pm**

Information evening at  
**Fitzroy High School  
7-10 Campus**  
+ short twilight tour

**[trybooking.com/CFYIE](https://trybooking.com/CFYIE)**







# School holiday Camps



# School holiday camps on sale now!



**ROBLOX**



**LEGENDS**

**PLUS** YouTube Creators • Coding • Drones  
Animation • DJ • Minions • Jurassic World

Book now at [codecamp.com.au/flyer](https://codecamp.com.au/flyer)

**SAVE \$25** Use coupon code  
**EARLY25** at checkout





# EASTER SCHOOL HOLIDAY SPORTS PROGRAM

Join us for a multi-sport holiday program with Basketball, Soccer, Tennis and other fun sports games and activities!

Narrandjeri Stadium  
281 Darebin Road, Thornbury 3071

## DATES APRIL

Wed 12th, Thu 13th, Fri 14th, Mon 17th, Tue 18th, Wed 19th, Thu 20th, Fri 21st

## TIME

9am-3.30pm\*

## COST

\$85 p/child OR  
\$99 p/child with lunch included



Scan QR code or click below to book online today

[BOOK NOW](#)

\*Drop off period 9am-9.30am, activities start at 9.30am.

Chanel McKay  
Three Sixty Sports Academy  
Program Coordinator  
0408 029 213  
[contact@three60group.com.au](mailto:contact@three60group.com.au)





# Community Sports

Join a community sporting team.....



Join our club and be a part of grassroots footy.  
Fitzroy prides itself on its culture of fairness,  
safety and inclusion above on field success.

Limited places are available for  
Boys & Girls in all age groups from:  
U8's (born 2015) – U13's (born 2010)



***SPECIAL OFFER!*** - The next 10 new players will receive  
a ***FREE custom fitted mouthguard worth \$70***

Registration enquiries, email: [registration@fitzroyjuniorfc.com.au](mailto:registration@fitzroyjuniorfc.com.au)  
For further information visit: [www.fitzroyjuniorfc.com.au](http://www.fitzroyjuniorfc.com.au) or like us  
on Facebook: [facebook.com/FitzroyJuniorFootballClub](https://www.facebook.com/FitzroyJuniorFootballClub) for updates.

**WE ARE  FITZROY**



# Recruiting Now for 2023!



**Fitness Confidence**  
**Dancing Friendship**

Are you thinking about trying  
Calisthenics? Why not come along and give it a go!  
The first two classes are obligation free,  
no experience necessary.



## Free Trial



TINY TOTS (5YRS AND UNDER) SATURDAYS 9:00-9:45AM  
TINIES (7 YRS AND UNDER) SATURDAYS 10:00-11:15AM  
SUB-JUNIORS (10 YRS AND UNDER) SATURDAYS 11:30-2:00PM

5/159 Newlands Road, Coburg North  
[www.stmarkscalisthenicsclub.com](http://www.stmarkscalisthenicsclub.com)  
[stmarksccl@hotmail.com](mailto:stmarksccl@hotmail.com)



36A

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37A



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36A



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TX 5003

## Westgarth Baseball Club Juniors

Sunday 26th March *and*

Sunday 2nd April

10:30AM - 12PM

Merri Park,

St Georges Road, Northcote

*(Next to Northcote High School)*

RSVP to

[westgarthbaseballclub@hotmail.com](mailto:westgarthbaseballclub@hotmail.com)

or phone 0432 761 879



### Why Baseball?

- ✕ Improve coordination
- ✕ Learn throwing and catching skills
- ✕ Encourages Teamwork
- ✕ Great winter sport for cricketers!

*8 - 15 year old girls and boys are invited to*

# COME 'N' TRY BASEBALL

*find us on online at*

[westgarthbaseball.com](http://westgarthbaseball.com)



# JUNIOR GIRLS

## FOOTY 4 FUN

### Northcote Junior Footy Club



Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

*Footy 4 Fun Junior Girls is all about giving girls (turning 7-12 years old in 2022) the opportunity to experience football in a fun and safe environment through fun activities and modified game.*

#### WHERE:

McDonnell Park, Northcote

#### WHEN:

Tuesday - April 4  
4.30pm - 5.30pm



**REGISTER HERE!**

Contact - [alex.federico@afl.com.au](mailto:alex.federico@afl.com.au)



# Come and swim with us!



*Northcote Swim Club is welcoming new members!*

Are you interested in joining a swim squad?



Northcote Swim Club is a community based competitive swimming club. Our squad sessions cater for every level and are supported by qualified coaches.

***Dive into our club as we prepare to move into our new state of the swim centre – coming late 2023.***

- Be part of a team
- Make new friends
- Exercise and stay active
- Build swim skills
- Professionally trained coaches
- Pathway to competition

**Contact us to learn more and arrange a trial:**

[ntc.swimming@gmail.com](mailto:ntc.swimming@gmail.com)

[northcote.swimmingclub.org.au](http://northcote.swimmingclub.org.au)





# Compass Attendance

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 [Parent-guide-Compass.pdf](#)

**The latest update to the Parent App is here!**

Here's a short guide on what you can expect from your new Navigation Bar.




Our team has been working on enhancing the usability and overall user experience of Compass. In an effort to make your lives just that tiny bit easier, the latest update is for you - our Parent & Carer community! Check out the new features below.



The hamburger icon that brought you to the old vertical navigation bar has been replaced with a new horizontal navigation bar that displays key icons across the bottom of the screen - **Home, Schedule, Attendance Notes, Shortcuts, Notifications and More.**

The 'Shortcuts' button on the navigation bar is a new feature to give you quicker access to important actions, such as **'pay for an event'** or **'report absence'**. A direct route to get where you need to be!

The 'More' button on the navigation bar will take you to a similar menu as the old one. Modules will now be sorted according to which ones you use the most, allowing for a more straightforward navigation.



If you have any problems logging into compass or figuring out how to add an attendance note, please call our office on 9481 0009, Bridgette and Donna can help you with resetting your password or walk you through the steps to log an absence.

Alternatively if you are having further difficulties with Compass and are unable to log the absence, you can provide Bridgette or Donna an explanation over the phone and they can log it for you.

We understand that sometimes we forget, or things come up and you haven't been able to log an absence, so in times when an absence has not been logged, Bridgette and Donna will give you a call to follow up.

As a reminder, if a student is marked absent an email from Compass will be sent to parents/carers at 10.00am on the day of the absence, asking for it to be logged on Compass.

Many thanks in anticipation of your cooperation in this matter.



## 2023 First Aid Team

### Introducing the NPS 2023 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is

- Donna Cassidy
- Caterina Carnovale

If your child becomes unwell one of our fantastic First Aid Officers will be tending to them and will be in contact with you if necessary.

The first aid office is located in front office (the other end to the front doors)




If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

## Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

### **Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine)**

**autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



ascia  
Allergy and Anaphylaxis Society of Australia  
www.allergy.org.au

**ACTION PLAN FOR**  
**Anaphylaxis**

For use with EpiPen® adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (n):  
The treating doctor or nurse hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.  
Whilst this plan does not expire, review is recommended by (20/2023/21)

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give EpiPen®**

1. Form fit around EpiPen® and PULL OFF BLUE SAFETY RELEASE
2. Hold leg with thumb and PLACE ORANGE END against outer mid-thigh (with or without clothing)
3. PUSH DOWN HARD until a click is heard or felt and HOLD IN PLACE for 3 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:  
• EpiPen® 150mcg for children 7.5-20kg  
• EpiPen® 300mcg for children over 20kg and adults

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Tingling mouth
- Hives or welts
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out sting if visible
- For tick allergy  seek medical help or  freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact


Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Difficulty talking or hoarse voice
- Swelling of tongue
- Persistent dizziness or collapse
- Swelling or tightness in throat
- Pale and floppy (young children)
- Wheeze or persistent cough

**ACTION FOR ANAPHYLAXIS**

1. LAY PERSON FLAT - do NOT allow them to stand or walk
- If unconscious or pregnant, place in recovery position - on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright



2. GIVE ADRENALINE AUTOINJECTOR
3. Phone ambulance - 000 (AU) or 111 (NZ)
4. Phone family/emergency contact
5. Further adrenaline may be given if no response after 5 minutes
6. Transfer person to hospital for at least 4 hours of observation


IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever/puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms

Asthma reliever medication prescribed:  Y  N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

 Anaphylaxis EpiPen Plan Template.pdf

### **Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine)**

**autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**

For use with Anapen<sup>®</sup> adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (NP):  
The treating doctor or nurse practitioner has authorised medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian. Whilst this plan does not expire, review is recommended by \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_.  
Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give Anapen<sup>®</sup>**

1. PULL OFF BLACK NEEDLE SHIELD  
2. PULL OFF GREY SAFETY CAP  
3. PLACE NEEDLE END FIRMLY AGAINST OUTER THIGH AT 90° ANGLE (with or without clothing)  
4. PRESS RED BUTTON for 10 seconds. REMOVE Anapen<sup>®</sup>

Anapen<sup>®</sup> is prescribed in the following:  
• Anapen<sup>®</sup> 150 for children 15-20kg  
• Anapen<sup>®</sup> 300 for children over 20kg and adults  
• Anapen<sup>®</sup> 500 for children and adults over 50kg

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out sting if visible
- For tick allergy  seek medical help or  freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

**Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis.**

**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

**ACTION FOR ANAPHYLAXIS**

- LAY PERSON FLAT - do NOT allow them to stand or walk**
  - If unconscious or pregnant, place in recovery position - on left side if pregnant, as shown below
  - If breathing is difficult allow them to sit with legs outstretched
  - Hold young children flat, not upright
- GIVE ADRENALINE AUTOINJECTOR**
- Phone ambulance - 000 (AU) or 111 (NZ)**
- Phone family/emergency contact**
- Further adrenaline may be given if no response after 5 minutes**
- Transfer person to hospital for at least 4 hours of observation**

**IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR**  
Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms**  
Asthma reliever medication prescribed:  Y  N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2023. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

Anaphylaxis Anapen Plan Template.pdf

**Blue Asthma Australia School Action Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

**FOR USE WITH PUFFER AND SPACER**  
**ASTHMA ACTION PLAN**

**VICTORIAN SCHOOLS**

Student's name: \_\_\_\_\_  
DOB: \_\_\_\_\_  
Confirmed triggers: \_\_\_\_\_

PHOTO  Child can self-administer if well enough  
 Child needs to pre-medicate prior to exercise  
 Face mask needed with spacer

**ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.**  
Adrenaline autoinjector prescribed:  Y  N Type of adrenaline autoinjector: \_\_\_\_\_

**ASTHMA FIRST AID**  
For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"  
Mild to moderate symptoms do not always present before severe or life-threatening symptoms

1. Sit the person upright  
Stay with the person and be calm and reassuring
2. Give \_\_\_\_\_ separate puffs of Asthma, Asmol or Ventolin  
Shake the puffer before each puff  
Puff 1 puff into the spacer at a time  
Take 4 breaths from spacer between each puff
3. Wait 4 minutes  
If there is no improvement, repeat step 2
4. If there is still no improvement call emergency assistance  
Use Triple Zero "000"  
Say "ambulance" and that someone is having an asthma attack  
Keep giving \_\_\_\_\_ puffs every 4 minutes until emergency assistance arrives  
Commence CPR at any time if person is unresponsive and not breathing normally

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
	<ul style="list-style-type: none"> <li>More ordinary breathing</li> <li>May have a cough</li> <li>May have a wheeze</li> <li>Other signs to look for:</li> </ul>	<ul style="list-style-type: none"> <li>Cannot speak a full sentence</li> <li>Sitting hunched forward</li> <li>Tugging in of skin over sternum/throat</li> <li>May have cough or wheeze</li> <li>Obvious/forceful breathing</li> <li>Lethargic</li> <li>Sores tumes (young children)</li> </ul>	<ul style="list-style-type: none"> <li>Unable to speak or 1-2 words</li> <li>Collapsed/exhausted</li> <li>Gasping for breath</li> <li>May no longer have a cough or wheeze</li> <li>Drowsy/confused/unconscious</li> <li>Skin discoloration (blue lips)</li> </ul>

Emergency contact name: \_\_\_\_\_ Plan prepared by Dr or Nurse Practitioner: \_\_\_\_\_  
Work ph: \_\_\_\_\_ Signed: \_\_\_\_\_  
Home ph: \_\_\_\_\_ Date prepared: \_\_\_\_\_  
Mobile ph: \_\_\_\_\_ Date of next review: \_\_\_\_\_

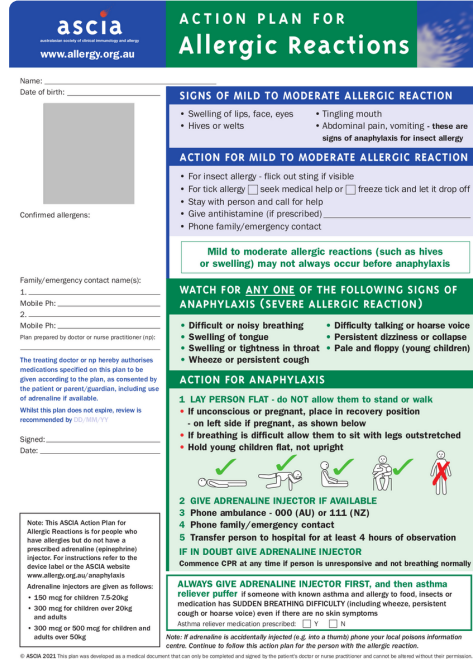
• Assemble spacer.  
• Remove cap from puffer.  
• Shake puffer well.  
• Attach puffer to end of spacer.

• Place mouthpiece of spacer in mouth and ensure face seal around it.  
• Breathe out gently into the spacer.  
• Press down on puffer canister once to fire medication into spacer.  
• Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

© Asthma Australia August 2013. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.

 Asthma Action Plan Template.pdf

**Green ASCIA Allergic Reaction Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Allergic Reactions**

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (n/p): \_\_\_\_\_

The treating doctor or n/p hereby authorises medications specified on this plan to be given according to the plan, as recommended by the patient or parent/guardian, including use of adrenaline if available.

Whilst this plan does not expire, review is recommended by ASCIA every 12 months.

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out sting if visible
- For tick allergy  seek medical help or  freeze tick and let it drop off
- Stay with person and call for help
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)
- Wheeze or persistent cough

**ACTION FOR ANAPHYLAXIS**

- LAY PERSON FLAT - do NOT allow them to stand or walk
  - If unconscious or pregnant, place in recovery position - on left side if pregnant, as shown below
  - If breathing is difficult allow them to sit with legs outstretched
  - Hold young children flat, not upright
- GIVE ADRENALINE INJECTOR IF AVAILABLE
- Phone ambulance - 000 (AU) or 111 (NZ)
- Phone family/emergency contact
- Transfer person to hospital for at least 4 hours of observation

**IF IN DOUBT GIVE ADRENALINE INJECTOR**  
Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS GIVE ADRENALINE INJECTOR FIRST, and then asthma reliever puffer** if someone with known asthma and allergy to food, insects or medication has **SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms

Asthma reliever medication prescribed:  Y  N

Note: If Adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2022. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

 Allergy Plan Template.pdf

All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

## NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023

Medication Authority Form. These forms are to be **updated at the start of each year** (even if



there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan.

It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).



2023

**Medication Authority Form**  
for a student who requires medication whilst at school

Name of School: **Northcote Primary School**

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

**Medication Storage**  
Please indicate if there are specific storage instructions for the medication.

**Medication delivered to the school**

Please ensure that medication delivered to the school:  
 Is in its original package  
 The pharmacy label matches the information included in this form.

**Self-management of medication**

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and their parents/carers, the school and the student's medical/health practitioner. Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment.

**Monitoring effects of Medication**

Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement  
The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorized or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOG Omb on 94372676.

**Authorisation:**

Name of Medical/health practitioner: \_\_\_\_\_

Professional Role: \_\_\_\_\_ Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent/Carer: \_\_\_\_\_

Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*If additional advice is required, please attach it to this form

Medication Authority Form.pdf

Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from Donna in the front office.

## Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary.

Please ensure you make every attempt to be contactable during school hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.



CSEF

# Camps, Sports and Excursions Funds

**CSEF: Camps, Sports and Excursions Funds**



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Financial Assistance Info for Parents.pdf





## CSEF ELIGIBILITY

Below are the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

### Criteria 1 – General eligibility

To be eligible for the fund, a parent or carer of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one
- on the first day of Term two

- a) be a holder of one or more of the eligible financially-means tested cards **OR** be a temporary foster parent, and;
- b) submit an application to the school by the due date.

For the list of eligible financially-means tested cards refer to the CSEF Policy: <https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/policy>

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with the above.

### Criteria 2 - Be of school age and attend school in Victoria

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

### Special Consideration

A special consideration category exists for

- Families on a bridging visa, temporary protection visa, in community detention or are asylum seeker families
- Students in temporary out of home care arrangements, including statutory kinship care

For more information, see <https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/eligibility>

### Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/carers concession card being validated successfully with Centrelink on the first day of either term one (30 January 2023) or term two (24 April 2023).

### PAYMENT AMOUNTS

#### CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: [www.education.vic.gov.au/about/programs/Pages/csef.aspx](http://www.education.vic.gov.au/about/programs/Pages/csef.aspx)

**Year 7 government school students** who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents/carers so please register your interest at the school.

## HOW TO COMPLETE THE APPLICATION FORM

**NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN**

1. Complete the PARENT/CARER DETAILS section.  
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.  
If you are claiming as a temporary Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.  
If you are seeking special consideration, mark this in the form and provide a copy of the relevant documentation.
2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2023 closes on the 23 June 2023.

 CSEF Eligibility.pdf



### CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM



School Name

School REF ID

#### Parent/carer details

Surname \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

Town/suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

Contact number \_\_\_\_\_

Centrelink pensioner concession **OR** Health care card number (CRN)

-    -    -  **OR**

Foster parent under a temporary care order\* **OR**  Veterans affairs pensioner (Gold Card)\*\*

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Families, Fairness and Housing (DFFH).

\*\*Applicants must provide a copy of the Veteran Affairs Gold card

Is this an application for special consideration (no CRN needed)? Yes  No

#### Student details

Student's surname	Student's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Families, Fairness and Housing (DFFH) to provide the results of that enquiry to DET.

I understand that:

- DFFH will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the DFFH and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ /2023



CSEF\_application\_form\_2023.docx



# Classroom Cuisine 2023

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.





**SERVICING NORTHCOTE PRIMARY SCHOOL**  
**AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY**  
**Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED**

### LUNCH ITEM ONE

#### SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg
- Falafel with Tabouli Salad (V,G/DF, H)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

#### SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

#### BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME - Spinach and Cheese (V, H)

#### BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza

#### SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

- Freshly chopped strawberries with Grapes
- Fresh Fruit Combo
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

#### YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

#### BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Fruit Bun
- Jam Drop Biscuit (GF, NF, H)

#### DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

#### DRINKS

- Apple Juice
- Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

**Healthy, Interesting & Affordable Lunches Delivered to School!**


More information about Our Offering including  
 Pricing, Ingredients and Portion Size is available on the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)



# OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf



# Welcome to OSHClub

## Let's go!

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



### Compelling programs

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

### Educators who care

Our educators will embrace your child's journey: caring deeply, thinking creatively and inspiring them to thrive.

### Future ready

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

### Unified partnership

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

### Fabulous food

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

### Peace of mind

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.

Join the fun. Be active. Get together.



## Key Service information

### Northcote OSHClub



PROGRAM	TIMES	FULL FEES	FEE AFTER 85% CCS*
Before School Care	07:30 AM - Bell Time	\$18.00	\$3.78
After School Care	Bell Time - 06:00 PM	\$25.00	\$3.75
Holiday Programs	07:30 AM - 06:00 PM	\$71.50	\$10.73

Fees and hours of operation as at term 1, 2023 and may be subject to change

#### Enrolments

Enrolling with OSHClub is easy and completely free, just head to our website [oshclub.com.au](http://oshclub.com.au) and click Join OSHClub. Your child's enrolment must be confirmed before attending their first session with us.

#### Bookings & cancellations

Once enrolled, you can manage your bookings and cancellations with ease online or via the Kidsoft app.

#### Before & After School Care

Bookings can be made online any time up to 24 hours before the session commences. To make a booking after this time, please contact your service directly on 0437 692 819. Late bookings will incur an additional \$4.00 fee.

To avoid any out of pocket costs, cancellations must be made at least 48 hours before the session commences. Cancellations within this period will incur the full fee, less any applicable CCS.

#### School holidays

Holiday bookings can be made online up to 5 days before the session commences. To make a booking after this time, please contact your service directly on 0437 692 819. Late bookings will incur an additional \$4.00 fee.

To avoid any out of pocket costs, cancellations must be made at least 7 days before the session commences. Cancellations within this period will incur the full fee, less any applicable CCS.

#### Child care subsidy (CCS)\*

Many families are eligible for Child Care Subsidy (CCS), which can reduce the cost of Outside School Hours Care by up to 85%. All our services are CCS approved, so we encourage all families to find out whether they are eligible. To establish what level of CCS you may be entitled to please contact the Centrelink Family Line on 13 61 50.

#### Statements & payments

Fees will be automatically debited every 2 weeks in arrears from the bank account, VISA or MasterCard you nominated during enrolment. Transaction fees apply. Dishonour fee will also be applicable if a transaction is declined. You can view your statements via your online account.

#### Late pick-up

A \$1.00 per minute, per child fee may apply for children picked up after the service close time.

#### No show

An additional \$5.00 fee per child may be charged for any After School Care booking where no cancellation is provided.

#### Incursions & excursions

Holiday program incursions and excursions may incur additional fee. These vary based on activity and may be subject to change.

For account specific enquiries, please contact our Customer Service and Billing Team on 1300 395 735 or email [oshaccounts@junioradventuresgroup.com.au](mailto:oshaccounts@junioradventuresgroup.com.au). Our team are available 9am - 7pm Monday - Friday (AEST/AEDT).

#### Medical management

So we can provide the best and safest care, it is important that you inform the service if your child/ren has an identified health care need, allergy or relevant medical condition diagnosed by a registered medical practitioner. On your first day of attendance, bring along a completed Risk Minimisation form, Medical Management forms and any required medications. All medications (including ointments and creams) must be prescribed by a medical practitioner, be in the original container with original pharmacist labels and clear instructions. All labels must be legible and undamaged, and the medication must still be within its expiry date.

#### We're here to help!

Come and see us in-service, email or give us a call.

We look forward to welcoming you soon

0437 692 819

[northcote@oshclub.com.au](mailto:northcote@oshclub.com.au)

[OSHClub.com.au](http://OSHClub.com.au)



# Our Proud Sponsor


**Northcote Primary School is proudly sponsored by Jellis Craig Inner North.**

**Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.**

# Jellis Craig




**Northcote**  
Primary School



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# Important Information

## Supervision

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

## Helmets

When riding a bike or scooter to or from school, all students **MUST** wear a helmet at all times.

## Bikes and Scooters

Helmets must be worn on the way to and from school. Bikes and scooters must also be **WALKED** (not ridden) once inside the school.

*Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.*

## Face Masks



Face masks are no longer mandatory in primary schools. Students are still encouraged to wear a face mask if they are more comfortable in doing so.

### **Kiss and Go**

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

### **Purchasing School Hats**

Please note: When purchasing a school hat from the office, payment can only be made using a Credit or Debit Card or Cash (Cash must be the correct amount of \$8.50 for each hat).

***Currently we only have LARGE sized hats***

### **Ball games before and after school**

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.



# Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk.

For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical

appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**

The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact Bridgette or Donna in the office on 9481 0009 and they will do their best to assist you 😊

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.



## School Access

For the safety of our students the school grounds are locked at certain times of the day.

- The gates are opened at **8.45am each morning** for students and parents to enter the school grounds. (before this time the grounds are not supervised by staff)
- The gates are locked at **9.00am each morning** when children are in class.
  
- The gates are opened at **3.20pm each afternoon** for parents to enter the school grounds to collect their children at 3.30pm when the final bell goes and school ends for the day.
- The gates are locked at **3.45pm each afternoon** after parents have collected their children.

All other times, before, during, and after school hours all gates will be locked. The school can only be accessed through the main gate and front office.

If you need to drop something off for your child or a staff member, you must do so at the front office, will deliver it to them.

If your child arrives late or you are collecting them early they must come via the office to be signed in or out.



# Compass Pay for all school payments.

## Compass Pay at Northcote Primary School.

Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass.

Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 [CompassPay Parent Guide.pdf](#)