

If you have information or ads for the newsletter, need to contact the school or want an email forwarded on to a teacher, please email it to northcote.ps@edumail.vic.gov.au

Important School Diary Dates

2018

May	10	Thu	Grade 3/4 Healesville Sanctuary Excursion
	13	Sun	Mother's Day
	15	Tue	NAPLAN testing until Thursday 17 th May
	18	Fri	Prep Excursion to Darebin Parklands
	22	Tue	District Cross Country
	29	Tue	Parent information evening – Sexuality Education
	31	Thu	Sexuality Education grades 3 – 6 starts
Jun	11	Mon	Queen's Birthday Public Holiday – <u>No school</u>
	13	Wed	Division Cross Country
	15	Fri	Prep CERES Excursion
	22	Fri	Philosothon
	26	Tue	Parent Teacher Interviews/ 3 Way Conferences
	28	Thu	2019 Prep enrolment forms due
	29	Fri	<u>Last Day Term 2 – 2.30pm Finish</u>

PUPIL OF THE WEEK

Prep Brooke – Ari V

Prep Laura – Maeve M

Prep Pip – Elsie T

1/2 Heather – Camryn N

1/2 Linda – Oscar G

1/2 Stephanie – Eleanor C

1/2 Anita – Xander P

1/2 Nicole – Hadi M

3/4 Kate – Saskia A

3/4 Hilary – Gabriella

3/4 Leah – Zac C

3/4 Steven – Isla P

3/4 Sharif – Georgia DT

5/6 Janelle – Ned VDH, Jack M & Liam C

5/6 Natasha – Poli P

5/6 Penny – Nic C

5/6 Tracy – Evie S

Chicken Pox

There has been an officially diagnosed case of chicken pox. The student concerned is in the grade 1/2 area. This student had been vaccinated and therefore has a very mild case. If you suspect your child may have chicken pox, please seek medical advice and alert the school.

Greetings,

Student Achievement

Outstanding Canberra 5/6 Campers

What an amazing Camp experience the year 5/6's had in Canberra last week. I was so proud of the way the students engaged with the all of the visits, guides, content and experiences. They were thoughtful, curious, questioning, knowledgeable and respectfully behaved. Some would think that it would not be easy when they are away from their parents and families for a whole week, but they were fantastic.

We were blessed with beautiful weather, blue skies and sunny days with crisp mornings and cool evenings, until the last day, when it bucketed down with rain at 6.30am when we were loading up the buses for our journey home.

Every student I spoke with had very positive things to say about their experiences and what they had learnt and said that they think we should do it again in two years for the next year 5/6 group.

Thank You Teachers and Parents on the Canberra Camp

I would also like to acknowledge the detailed planning, tireless efforts and support that went in to making sure it was a great success and I am talking about many hours of preparation and care of every student.

Thank you to the following teachers: Nicole Parker (responsible for the booking and initial planning of the camp in 2017); Janelle Adams – Team Leader and organisation of the camp in 2018; Tracy Budin; Natasha Thomson; Penny Taylor (5/6 Team); Hilary Stack and Kate Stevenson (year 3/4 teachers) Nicole Parker (year 1/ 2 teacher) and Ross Bennie (Assistant Principal).

I would also like to thank the parents that attended the camp and provided vital support to the teachers and students, you were all wonderful – Karen McWilliam (Sammy's mum); Chris Wheatley (Riley's dad) and Doreen Montgomery (Emma's mum).

From the Department of Education: The National Assessment Program – Literacy and Numeracy (NAPLAN)

NAPLAN is an annual assessment for students in Years 3 and 5 at primary schools.

On Tuesday 15th, Wednesday 16th and Thursday 17th May, students will take the 2018 NAPLAN tests. NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum.

NAPLAN is not a pass or fail type test, but rather shows how students are progressing in numeracy and literacy skills against national standards for all Australia children. For information about participation in NAPLAN, you can go to: <http://www.nap.edu.au/naplan/parent-carer-support.html> NAPLAN tests fundamental skills rather than specific content, and as such is not a test for which students can study or drill. The best way you can help your child prepare for NAPLAN is to let them know that NAPLAN is just one part of their school program, and to urge them to simply do the best they can on the day. The use of services by coaching providers is not recommended.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern. Parents may also wish to use their child's results to discuss progress with teachers. More information is available at www.nap.edu.au.

Prep Enrolments for 2019

Tours for prospective parents will continue each week. Our tours have filled up very quickly and only have a few spaces left on tours for this term. We are receiving calls on a daily basis from parents interested in a tour. We have already received a number of enrolments for Prep 2019.

Parents of current students with pre-school siblings - Have you enrolled your 2019 Prep yet?
If you have children currently attending NPS, have a pre-schooler **AND** you haven't yet enrolled for next year, please call in to the office and pick up an enrolment form, or download one from the website as soon as possible. Prep 2019 enrolments are due in by 28th June 2018 so don't miss out!

Warm Regards,

Kerrie

Rethinking "Stranger Danger" (reprinted from Kid Smartz)

"Stranger danger." It's short. It's simple. It even rhymes! But is it really the most effective abduction prevention lesson for our children?

Children do not understand the concept of a stranger. Many believe that strangers are mean, ugly people – so the nice man asking for help to find his lost puppy? Not a stranger.

Children also learn that some strangers – like store clerks, police officers, or parents with children – are helpful. It may be hard for them to understand the difference between strangers who could hurt them and strangers who may help them.

Most importantly, "stranger danger" ignores the fact that most children are abducted by someone they know.

Avoiding strangers will not help if the abductor is a family member, neighbor, or family acquaintance. When you talk to your children about abduction prevention, don't focus on warning them about certain types of people. Instead, teach them to identify and respond to threatening situations.

A New Message

Say goodbye to "stranger danger." Try using the following language when talking to your child about abduction prevention:

- Don't say: Never talk to strangers.
- Say: You should not approach just anyone. If you need help, look for a uniformed police officer, a store clerk with a nametag, or a parent with children.

- Don't say: Stay away from people you don't know.
- Say: It's important for you to get my permission before going anywhere with anyone.

- Don't say: You can tell someone is bad just by looking at them.
- Say: Pay attention to what people do. Tell me right away if anyone asks you to keep a secret, makes you feel uncomfortable, or tries to get you to go with them.

In addition to these conversations, use [role-playing scenarios](#) to help your children practice their abduction prevention skills. The more children practice, the better prepared they will be to respond to an emergency.

Family Planning Victoria Sexuality Education

www.fpv.org.au

Students in grades 3 to 6 will attend Sexuality Education from the 31st May. This program is provided by trained educators from Family Planning Victoria.

Grade 3/4 students will have 3 one hour lessons and grade 5/6 students will have 3 one and a half hour lessons which will be supported by their home group teachers.

Sexuality education is in The Victorian Curriculum and is part of Personal Social and Community Health which is in the learning area of Health and Physical Education

'Levels 3 and 4 curriculum further develops students' knowledge, understanding and skills in relation to their health, wellbeing, safety and participation in physical activity. In these years, students begin to explore personal and social factors that support and contribute to their identities and emotional responses in varying situations. They also develop a further understanding of how their bodies grow and change as they get older.

They explore strategies to manage physical, social and emotional change'

At ' Levels 5 and 6 the curriculum supports students to develop knowledge, understanding and skills to create opportunities and take action to enhance their own and others' health, wellbeing, safety and physical activity participation. Students develop skills to manage their emotions, understand the physical and social changes that are occurring for them and examine how the nature of their relationships changes over time. They investigate resources to manage changes and transitions associated with puberty'

Payment for these programs should not be made until you receive a note and payment information from your child's home group teacher.

Parent Information evening (not for students)

There is a possibility of providing a parent information evening about the subject matter in the lessons prior to the students program. There would be a nominal fee for parents to pay to attend; the amount would depend on the number of parents who wished to participate. If you want to attend could you please email me with the number of adults by Thursday 24th May so that I can gauge if it is feasible to book a Parent Information Evening.

bennie.ross.a@edumail.vic.gov.au

Course outline

Conducted by registered teachers who have taught sexuality education in Victoria classrooms for many years. As well as building the sexual health literacy of students, these sessions will help participating classroom teachers:

- enhance their sexual health knowledge base
- become comfortable with lesson content and language
- learn effective activities and teaching strategies.

Grades 3 & 4

3 x 1 hour sessions

An introduction to anatomy, conception and birth, puberty

Session 1: Anatomy

- Introduce the concept of reproduction and its place in the natural world
- Identify some of the differences between males and females and learn the names and functions of some of the organs contained in the reproductive systems (vagina, penis, testicles, uterus (womb), egg, and sperm)

Session 2: Conception and Birth

- Develop an understanding of conception, pregnancy, foetal development and childbirth

Session 3: Puberty

- Introduce the physical and emotional changes occurring during puberty
- Develop knowledge about hygiene and the management of puberty, i.e. pimples, periods, body odour

Grade 5 & 6

3 x 90 minute sessions

A more detailed look at anatomy, conception, pregnancy, birth and puberty and strategies for dealing with hygiene, periods, wet dreams, mood swings and other puberty issues.

Session 1

- Body parts
- Intercourse, conception and pregnancy
- Pregnancy and birth

Session 2

- Review body parts
- Introduction to puberty: physical changes

Session 3

- Puberty continued: social and emotional changes
- Menstruation – key points
- Puberty – strategies for dealing with puberty

Finance Committee

The Northcote Primary School Council Finance Committee would like to acknowledge parents that have made this year's parent payments in a timely manner and acknowledge those that have made Voluntary Curriculum, Library Funds and Building Funds donations. We appreciate your valuable contribution to our school.

Thanks so much!

Found bunny rabbit!

A NPS family has found this rabbit, last Monday morning, near the Croxton train station. If you recognise this rabbit please contact the office on 9481 0009 or Northcote.ps@edumail.vic.gov.au. We hope to return it to its family.





Give Mum an Entertainment Membership this Mother's Day and she can enjoy more than 12 months of valuable dining, shopping and travel offers! Buy from Northcote Primary today and you'll be supporting our School. Hurry, they're selling fast!

<https://www.entertainmentbook.com.au/orderbooks/1r86587>



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.com.au

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Contact Tracey Phegan on tphegan@gmail.com or around the school if you have any questions.

THANK YOU FOR YOUR SUPPORT!

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FOSTER CARERS NEEDED

If you have thought about foster care, please get in touch and ask the questions you have always wanted to.

Ring: Key Assets 1800 932 237 or 1800 WE CARE

Email: info@keyassets.com.au

Web: canifoster.com.au or keyassets.com.au

Interested families would receive a brochure, information and no pressure!

OCTOBER 13TH

PROUDLY RUN BY LOCAL POLICE AND VOLUNTEERS

PRESTON (DAREBIN)

BLUE LIGHT BOOK WEEK DISCO

PROUDLY SUPPORTED BY DAREBIN COUNCIL

CELEBRATING BOOK WEEK

\$7 ENTRY

www.bluelight.org.au

FACEBOOK/PRESTON (DAREBIN) BLUE LIGHT DISCO
PLEASE ASK YOUR PARENTS TO LIKE THE PAGE IF YOU ARE UNDER 13

Prizes for Best Dressed!

To celebrate book week we would love everyone to come dressed as their favourite book character. DRESS UP IS NOT COMPULSORY!

BLUELIGHT_VIC

PRESTON TOWN HALL
274 GOWER ST, PRESTON
6.30-9PM | 8 TO 14 YEARS
CONTACT
JO PARISSIS 0418 144 446

CHILDRENS YOGA CLASSES

Kids Yoga (4.5-12 years old)

Mondays 4:30-5:30pm

Wednesdays 4-5pm



Preschoolers Yoga (3-5 years old)

Wednesdays 9:15-10am

Teens Yoga (12-17 years old)

Wednesdays 5:10-6:10pm



YOGA POSTURES

RELAXATION

MEDITATION

GAMES & CREATIVITY

SONGS, STORIES, SOUNDS

Radiant Heart Yoga 

At: St Paul's Church

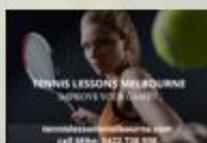
Station St, Fairfield

Ph/txt. 0408 328 103 Email. radiant.heart@ymail.com

Web. www.rhvoga.online

Teacher: Fiona Filippelli – certified yoga teacher and experienced childrens yoga teacher.

Childrens yoga therapy sessions available, private classes, family yoga, yoga parties, fun school holiday workshops.



Tennis Lessons Melbourne

www.tennislessonsmelbourne.com

Phone: 0422 728 938

Smaller groups and faster results

miketlm4tennis@gmail.com



Tennis | Soccer

Locations Include:

Alphington Park Tennis Club

64 Clyde St Northcote

64 The Eyrie Eaglemont

Darling Gardens Clifton Hill

Coaching is also available at your school

Morning | Afternoon | Weekends



PARENTING ADOLESCENTS

THROUGH ALL THE UPS AND DOWNS

2 part workshop
Tues May 29th and Tues June 5th
6-7.30pm

Parenting Teens

(Covers mental health, drug use, communication, staying connected)

Running at Drummond Street
Services Carlton office:
100 Drummond Street
Carlton
Cost \$10 or free with HCC

All family and friends welcome
at this 90 minute seminar on
the best ways to:

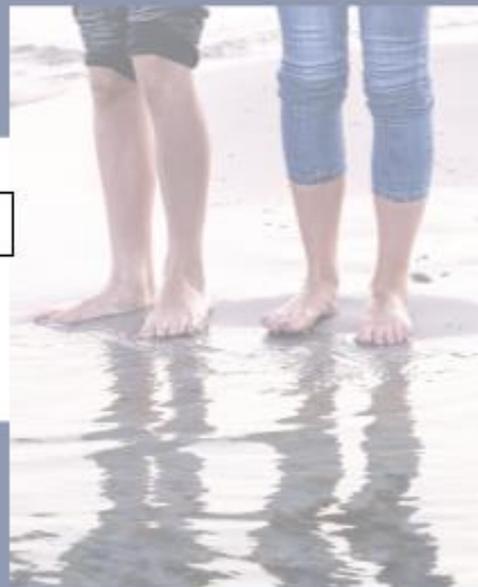
- » Stay connected to your teenagers
- » Help them develop better coping strategies
- » Give rewards, set limits and apply consequences in your home (not easy!)
- » Help them manage mental health issues and other problems they may encounter

Book on 9663 6733 or at
www.ds.org.au

There will be chances to ask questions and formulate your own little action plan if you need to. There will be lots of practical tips on things like communication and handling drug and alcohol use.

BOOKINGS: 9663 6733

\$10 fee when you book



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street services
wellbeing for life



Stepfamilies Australia
Strengthening Stepfamilies